



COVID-19 Prevention and Mitigation Protocols

Updated January 12, 2022

Roseville Lutheran Church recognizes our responsibility to help ensure the health and safety of our staff and members. In response to high Covid-19 positivity rates in our community, the following protocols will be used to help mitigate the spread of the disease.

In-person meetings and gatherings:

- Masks are required for all people, age two and up. Masks are available at entrances into the church building. Hand sanitizer is also available throughout the building.
- No food or beverages will be allowed.
- Respect social distancing and gathering space guidelines for the number of participants.
- Added air filtration and air circulation is in place throughout the building.
- We recommend limiting in-person gatherings to 10 or fewer (with the exception of worship). When possible, consider meeting via Zoom.

In-person and online worship options:

- In-person worship is held in the Worship Center every Sunday at 9:00 and 10:30 a.m. The 9:00 worship service is live-streamed and available for later viewing online, for those who choose not to gather in person.
- We ask that people who choose to worship in-person be fully vaccinated if eligible, and we encourage worshippers to get a booster as eligible. This is the primary way we can care for one another in the pandemic.
- Musicians and vocalists are required to provide proof of vaccination or medical exemption. Choir rehearsals have been postponed until further notice.
- Communion is distributed in a "self-serve" wafer and juice cup prior to entering the sanctuary.
- Offering will be received as you either enter or exit the worship center, as well as online. Children are invited forward with their offerings during worship.

Adult Education, Children's, Youth and Family activities and events:

- Lay leaders and volunteers working with children and youth must provide proof of vaccination or medical exemption.
- Adult Education will continue to be held at 10:10 Sunday mornings in our Social Hall. Masking required.
- RLC Kids is offered during both 9:00 and 10:30 Sunday morning services. Children must be registered.
- Confirmation will be going online from Wednesday, January 19 - February 23.
- Senior High Youth Group is offered on Wednesday evenings

Building Use:

- Administrative office hours are 9:00 a.m. to 3:00 p.m. Monday through Friday.
- Staff are encouraged to work remotely from home during this time with a receptionist on duty during office hours. Please call ahead to ensure someone is present outside of these hours.

Staff:

- All staff are to be fully vaccinated and have received or be in the process of receiving their booster, unless they have a medical exemption.
- Masking is required throughout the building. Staff may remove masks in their office, but the door must remain closed.
- To minimize exposure, it is encouraged that one-on-one and group meetings be held online, unless it is necessary to hold them in-person.

If exposed to someone who tests positive for Covid:

Staff or members who have experienced primary exposure to a family member or other individual who tests positive for Covid-19:

- Must take a Covid after the last possible exposure or knowledge of positive exposure. If negative, you can return to worship or to work.
- If positive, see below

If you test positive for Covid:

- Isolate at home for 5 days from either onset of symptoms or positive test results.
- If no symptoms or symptoms are resolved after 5 days, you can leave your house.
- If fever or other symptoms have not improved after 5 days, wait to end isolation until fever-free for 24 hours without the use of fever-reducing medication and any other symptoms have improved.
- We recommend individuals to consult recent CDC guidelines to clarify specific cases.

RLC Preschool and Daycare:

- Masks are required for all people ages 2 and above.
- Staff, lay leaders and volunteers working with children must provide proof of vaccination or medical exemption.
- Children in preschool and daycare are exempted from social distancing protocols, and food and beverage may be made available, as determined by governing agencies of Ramsey County and of the State of Minnesota. Other county and state regulations may also preempt RLC protocols.

How are these decisions made?

The Executive Committee, staff and a group of medical workers have developed the following values to guide them in their work:

- Worship is central to who we are as a community. Gathering “around the table” (in person or virtually) is essential to being in the church.
- We are called to care for our most vulnerable, and in this case especially our children and all those who cannot yet be vaccinated.
- We understand that it is our responsibility to provide our staff a safe work environment.
- We respect each person’s agency to make their own choices and value a diversity of risk tolerance.
- We will offer a variety of ministry options to meet peoples' needs.
- Informed by current science, we will strive to mitigate health risks with simple and practical measures following recent CDC recommendations.
- We bear a responsibility to make our space available for weddings and funerals and other pastoral occasions keeping in mind reasonable constraints due to the pandemic.